

**EduWeek** 2025

**3**

**Spinal  
Deformities**

## General Information

**EUROSPINE, the Spine Society of Europe**  
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EduWeek 2025 Overview			
Basic and Advanced Courses			
AUTUMN 2024	MAY-JUNE 2025	23-25 JUNE 2025	2-4 SEPTEMBER 2025
<p><b>REGISTRATION OPENS</b></p> <ul style="list-style-type: none"> <li>Registrations open in early October 2024</li> <li>Exact date announced on the EUROSPINE website, through newsletters and social media</li> <li>Participants can now register and save their place for Basic and Advanced modules</li> <li>Further details and preliminary programmes are shared on the EUROSPINE website</li> </ul>	<p><b>PART 1 - E-LEARNING</b></p> <ul style="list-style-type: none"> <li>Enrolment of participants to the EUROSPINE Learning Management System (LMS) by the Education team</li> <li>Self-paced completion of the module/s by participants</li> <li>Assessment: MCQs that must be passed with a minimum of 70% + CME evaluation</li> <li>Mode of study: online/distance learning through the LMS                             <ul style="list-style-type: none"> <li><b>NO physical presence required</b></li> </ul> </li> </ul>	<p><b>PART 2 - LIVE SESSIONS</b></p> <ul style="list-style-type: none"> <li>Live sessions take place at <a href="#">IRCAD</a> in Strasbourg/France</li> <li>Live sessions include, lectures, case based discussions, workshops, group work (and CadLabs/SkillsLabs for designated modules)</li> <li>Participants arrange their own travel/accommodation to/in Strasbourg/France to take part in the modules</li> <li>Assessment: CME evaluations                             <ul style="list-style-type: none"> <li>Modules 1-5: after completion of part 2+3</li> <li>Module 6: after completion of part 2</li> </ul> </li> <li>Mode of study: <b>in-person, physical presence required</b></li> </ul>	<p><b>PART 3 - VIRTUAL LIVE SESSION</b></p> <ul style="list-style-type: none"> <li>Bring Your Own Case (BYOC) for Modules 1-5 only</li> <li>Participants submit a case prior to the session.</li> <li>Module faculty choose three case that are discussed in breakout groups and facilitated by faculty members.</li> <li>Assessment: CME evaluation after completion of part 2+3</li> <li>Mode of study: <b>online live via Zoom</b> <ul style="list-style-type: none"> <li><b>NO physical presence required</b></li> </ul> </li> </ul>

## Quick Facts

<b>DATES &amp; TIMES</b>	<p><b>Live session</b> Group 1: 23 June 2025 (13:00-17:15 CEST) Group 2: 24 June 2025 (08:00-12:15 CEST)</p> <p><b>Virtual live session</b> Group 1 and 2: 02 September 2025 (18:00-19:30 CEST)</p>
<b>LIVE SESSION VENUE</b>	IRCAD, 1 Place de l'Hôpital, 67000 Strasbourg, FRANCE
<b>MAX. ATTENDEES</b>	40 delegates (per group)
<b>REGISTRATON FEES</b>	EUROSPINE Member: €800 Non-member: €1,000
<b>CME CREDITS</b>	Accreditation by the European Board for Accreditation of Continuing Education for Health Professionals (EBAC) is pending.
<b>LANGUAGE</b>	English
<b>DRESS CODE</b>	Smart casual
<b>E-LEARNING</b>	<p>A computer (Mac/PC) or tablet (Android/Mac) and stable internet connection are required to access the e-learning content.</p> <p>In preparation for the live session, the mandatory self-paced e-learning component will be available from May 2024 on the EUROSPINE Learning Management System (LMS). <u>This component must be completed before the live session.</u></p>
<b>MODULE COMPLETION</b>	<p>A module is only deemed as complete when participants have met <b>ALL</b> of the following conditions:</p> <ul style="list-style-type: none"> <li>• Passed the e-learning with at least 70% <b>AND</b></li> <li>• Attended the live session <b>AND</b></li> <li>• Attended the virtual BYOC live session <b>AND</b></li> <li>• Submitted the course evaluations for the e-learning and the (virtual) live session component</li> </ul>
<b>TARGET AUDIENCE</b>	Senior trainees and trained surgeons, who are planning a career in spine surgery.
<b>IMPORTANT (!)</b>	<ul style="list-style-type: none"> <li>• Completion of e-learning module is mandatory</li> <li>• Attendance of the live session and virtual live session is mandatory</li> <li>• Group 1 and 2 contain the same content. Participants are registered for ONE of the groups only!</li> <li>• Changing groups once registered is NOT possible!</li> </ul>

## PART 1 - E-learning Programme

(available from May 2025)

Time/ Duration	Topic	Faculty
<b>Principles of Spinal Deformity &amp; Surgical Treatment</b>		
00:19	Spinal alignment and balance	
00:12	Casting, bracing and role of rehabilitation	
00:19	Preoperative assessment and positioning	
00:21	Intraoperative monitoring	
00:25	Blood saving in spinal deformity surgery	
00:20	Knowledge check questions	
<b>Adolescent Idiopathic Scoliosis</b>		
00:13	Pathogenesis and natural history of Adolescent Idiopathic Scoliosis (AIS)	
00:08	AIS: Classification and surgical indications	
00:08	Selection of AIS fusion levels	
00:14	Surgical strategy: Posterior approach	
00:14	Surgical strategy: Anterior approach	
00:20	Knowledge check questions	
<b>Scoliosis &amp; Kyphosis</b>		
00:12	Neuromuscular scoliosis	
00:39	Congenital spinal deformities	
00:40	Hyperkyphosis (congenital, Scheuermann, ankylosing spondylitis)	
00:09	Surgical strategy for correcting hyperkyphosis	
00:20	Knowledge check questions	
<b>Spondylolisthesis</b>		
00:20	Spondylolisthesis: Pathogenesis and classification	
00:28	Spondylolysis and low-grade olisthesis	
00:07	High-grade spondylolisthesis	
00:20	Knowledge check questions	

<b>Adult Spinal Deformity</b>		
00:13	From degenerative to adult deformity	
00:21	Assessment of Adult Deformity Patients	
00:15	Adult deformity planning of surgical correction	

00:17	Spinal osteotomies	
00:31	Anterior-posterior techniques to treat sagittal balance disorders	
00:20	Knowledge check questions	

## PART 2 - Live Session Programme

<b>Group 1 23 June 2025</b>	
13:00–15:10	Cases
15:10–15:25	Coffee break
15:25–17:15	Cases
<b>17:15</b>	<b>End Group 1</b>

<b>Group 2 24 June 2025</b>	
08:00–10:10	Cases
10:10–10:25	Coffee break
10:25–12:15	Cases
<b>12:15</b>	<b>End Group 2</b>

<b>Topic List Group 1 and 2</b>	<b>Presenter</b>
Introduction	
Adolescent idiopathic scoliosis	
Early onset scoliosis	
High-grade spondylolisthesis	
Scheuermann's kyphosis	
Adult degenerative deformity	
<b>END OF LIVE SESSION</b>	

## PART 3 - Virtual Live Session

### Bring Your Own Case (BYOC)

<b>02 September 2025</b> <b>18:00 – 19:30 CEST</b>	
18:00-18:05	Introduction
18:05-18:25	Breakout session 1
18:25-18:30	Discussion 1
18:30-18:50	Breakout session 2
18:50-18:55	Discussion 2
18:55-19:00	Break
19:00-19:20	Breakout 3
19:20-19:25	Discussion 3
19:25-19:30	Wrap-up and conclusion
<b>END OF MODULE</b>	

## Learning Outcomes

### Principles of Spinal Deformity & Surgical Treatment

#### Spinal Alignment and Balance

- Goals of surgery in the spinal deformity continuum
- Understand the concepts of alignment versus balance
- Know key spino-pelvic parameters and their limitations
- Understand the concept of spinal harmony
- Know compensation mechanisms

#### Casting, Bracing and the Role of Rehabilitation

- Justify the role of casting today
- Explain the pros and cons of different types of brace treatment
- Formulate principles of rehabilitation for patients with spine deformity, both paediatric and adult
- Define the role of halo traction as definitive or interim treatment

#### Preoperative Assessment and Positioning

- Record a comprehensive preoperative assessment
- Consider special issues including pulmonary, cardiac, haematological, nutritional, and metabolic
- Position patients safely
- Explain the rationale to other team members
- Compare the purpose of prone, lateral, and supine positions

#### Intraoperative Monitoring

- Select appropriate types of monitoring
- Differentiate between SEP and MEP
- Perform a safe and reliable wake up test

- Recognise when a wake-up test is required
- Respond appropriately when monitoring indicates intervention required

#### Blood Saving

- Anticipate the factors affecting blood loss
- Recognize trigger points for transfusion
- Minimise the risks of homologous transfusion
- Outline the role of erythropoietin
- Compare the pros and cons of autologous transfusion, haemodilution, hypotensive anaesthesia, anti-fibrinolytic agents, intraoperative blood salvage

## Adolescent Idiopathic Scoliosis (AIS)

#### Pathogenesis and Natural History Of AIS

- Know concepts of development of AIS and subsequent implications for surgical treatment
- Describe the natural history of AIS

#### Classification and Surgical Indications

- Know the pertinent classification systems and their limitations
- Understand and formulate surgical indications
- Goals of surgery for AIS

#### Selection of Fusion Levels

- Use classification to determine the end limits of fusion (Lenke)
- Understand factors which may determine fusion levels such as curve flexibility, adding on etc.
- Define the lower and upper limit of instrumentation

#### Surgical Strategy: Posterior Approach

- Formulate principles of surgical correction of AIS
- Understand the role of the sagittal plane in AIS and for surgical correction
- Evaluate strategic surgical options
- Recognise indications for a posterior or combined approach

#### Surgical Strategy: Anterior Approach

- Differentiate between anterior release, anterior fusion, and anterior instrumentation
- Select appropriate approach for procedure
- Recognise indications for anterior approach
  - anterior instrumentation

## Scoliosis and Kyphosis

#### Neuromuscular Scoliosis

- Describe the aetiology and prognostic factors associated with neuromuscular scoliosis
- Identify factors indicating progression or risk to neurological structures
- Evaluate management options
- Assess associated pulmonary and cardiac problems

#### Congenital Spinal Deformities (Including Growing Rods)



- Relate the stages of development to deformities of the spinal cord
- Select appropriate investigations
- Evaluate treatment options

#### Hyperkyphosis (Congenital, Scheuermann, Ankylosing Spondylitis...)

- Differentiate between the aetiology and prognostic factors associated with regular and angular kyphosis
- Evaluate management options

#### Correcting Hyperkyphosis

- Review the spinal osteotomy options
- Explain how to correct Scheuermann kyphosis versus congenital kyphosis

## Spondylolisthesis

#### Spondylolisthesis: Pathogenesis and Classification

- Describe the pathogenesis and causes of developmental spondylolisthesis
- Differentiate between high- and low-grade spondylolisthesis
- Know current classification systems

#### Spondylolysis, Low-Grade Olisthesis

- Understand patho-anatomic features
- Know surgical indications
- Select appropriate surgical technique

#### High-Grade Spondylolisthesis

- Describe the patho-anatomy of high-grade spondylolisthesis
- Differentiate between balance and unbalanced olisthesis
- Know different surgical techniques
- Understand the pros and cons of reduction versus in situ fusion

## Adult Spinal Deformity

#### From the Degenerative Spine Deformity

- Evaluate the lumbar spine in the context of spinal deformity
- Classify the continuum from the degenerative spine to deformity

#### Adult Idiopathic and Degenerative Deformities

- Identify common problems associated with adult deformity
- Differentiate between idiopathic and degenerative (de novo) deformity
- Use spino-pelvic parameters to assess degenerative deformities
- Evaluate operative and non-operative options for different age groups
- Consider comorbidities associated with age
- Define surgical indications
- Assess patient expectations

#### Adult Deformity Planning of Surgical Correction

- Formulate principles of surgical correction
- Plan surgical correction of adult spinal deformity

- Know current software planning tools
- Evaluate the appropriate techniques

#### Spinal Osteotomies

- Justify the aim of osteotomy
- Differentiate between the different types of osteotomies (focus on posterior column and pedicle subtraction osteotomies)
- Technique of spinal osteotomies
- Outcomes and complications of spinal osteotomies

#### Anterior-Posterior Techniques to Treat Sagittal Balance Disorders

- Recognise indications for an anterior/lateral or combined with posterior approach
- Describe the amount of correction that can be achieved with each technique
- Know outcomes and complications of the different techniques/approach

## Learning Outcomes – Bring Your Own Case (BYOC)

The module concludes with the Bring Your Own Case (BYOC) virtual live session. The BYOC is a case-based learning session based on the participants own practice or experience. Participants will be asked to submit a case on the module topic before the virtual live session.

The cases are ideally the participant's own case and should preferably present questions with no single right answer or dilemmas. The cases could also be from their own departments and ideally, the participant should have had some personal connection or have at least seen the case.

The cases will be shared with assigned faculty preceptors who will process the cases and determine the line-up and order of discussion. Some cases may be grouped with that of other colleagues in discussion.

At the end of the session participants will be able to:

- Synthesise background knowledge and principles on the topic (module name) and apply to their own case and other cases presented
- Identify dilemmas and issues with their own case and other cases presented
- Raise points and questions on their own case and other cases presented
- Defend their positions regarding their own case and cases presented during the discussion
- Recognise and understand diverse perspectives from other participants and faculty
- Assimilate new ideas, new techniques and information, and adopt them appropriately in practice
- Formulate clinical decisions, strategies and generate possible solutions on their own case and other cases presented

## Recommended Reading

Part III Basic Module 3: Deformity. B. Meyer and M. Rauschmann (Eds.), Spine Surgery A Case-Based Approach. Switzerland: Springer.

- M. Balsano and S. Negri. (2019). Natural Course and Classification of Idiopathic Scoliosis. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 141-148). Switzerland: Springer.
- M. Balsano and S. Negri. (2019). Diagnosis and Conservative Treatment of Adolescent Idiopathic Scoliosis: Case Presentation. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 149-152). Switzerland: Springer.
- U. Liljenqvist. (2019). Idiopathic Scoliosis: Operative Treatment. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 153-158). Switzerland: Springer.
- A. Senkoylu and E. Acaroglu. (2019). A Congenital Scoliosis Case Characterized with Contralateral Hemivertebrae. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 159-164). Switzerland: Springer.
- S. Nuñez-Pereira and F. Pellisé. (2019). Delayed Neurological Deficit and Surgical Site Infection After Pedicle Subtraction Osteotomy in a Revision Case. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 165-172). Switzerland: Springer.
- D. Jeszenszky and M. Loibl. (2019). Operative Treatment of High-Grade Spondylolisthesis. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 173-184). Switzerland: Springer.
- A. Toquart and C. Barrey. (2019). Parameters of Spino-Pelvic Balance, Aetiology and Pathogenesis of Disturbed Spino-Pelvic Balance. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 185-196). Switzerland: Springer.
- M. Arabmotlagh and M. Rauschmann. (2019). Diagnosis, Classification and General Treatment Options for Hyperkyphosis. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 197-202). Switzerland: Springer.
- M. Arabmotlagh and M. Rauschmann. (2019). Scheuermann Kyphosis and Ankylosing Spondylitis. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 203-210). Switzerland: Springer.
- S. Haddad, A. Matamalas, and F. Pellisé. (2019). Surgical Correction and Special Features in Traumatic and Congenital Kyphotic Deformities. B. Meyer and M. Rauschmann (Eds.), *Spine Surgery A Case-Based Approach* (pp. 211-221). Switzerland: Springer.