

Module 1

eLearning: Watch expert lectures in your own time

- **Get theoretical knowledge and perspectives on:**

- Clinical examination
- Imaging
- Low back pain
- Biomechanics
- Finite element models
- Biology of the intervertebral disc
- Spine research

In person case-based discussions and workshops:

- **Engage with expert faculty and peers discussing cases and participate in workshops on:**

- Diagnoses and treatment plans
- Red flags
- Biopsychosocial model
- Conservative treatment options
- rehabilitation

Bring your Own Case: Discuss your own cases with expert faculty and peers

- Synthesise knowledge and apply it to your case and others' cases
- Identify dilemmas and issues
- Recognise and understand diverse perspectives
- Assimilate new ideas, techniques and information to apply in your own settings.