

# No Consensus Lisbon Spine Meeting



**February 23 and 24, 2024** | Hospital CUF Descobertas auditorium and online

## SCIENTIFIC COMMISSION

Jorge Mineiro

## ORGANIZING COMMITTEE

Jorge Mineiro  
Ricardo Telles de Freitas

## SPEAKERS AND MODERATORS

<b>Ahmet Alanay</b> (Türkiye)	<b>Mohammad Diab</b> (EUA)
<b>André Barros</b> (Portugal)	<b>Nuno Alegrete</b> (Portugal)
<b>Bruno Santiago</b> (Portugal)	<b>Nuno Lança</b> (Portugal)
<b>Edson Santos Oliveira</b> (Portugal)	<b>Nuno Neves</b> (Portugal)
<b>Jean Charles Le Huec</b> (France)	<b>Pedro Fernandes</b> (Portugal)
<b>João Campagnolo</b> (Portugal)	<b>Pedro Varanda</b> (Portugal)
<b>João Cannas</b> (Portugal)	<b>René Castelein</b> (Netherlands)
<b>Jorge Mineiro</b> (Portugal)	<b>Ricardo Rodrigues-Pinto</b> (Portugal)
<b>Luis Barroso</b> (Portugal)	<b>Sebastien Charosky</b> (France)
<b>Marcos Silva</b> (Portugal)	

## MEETING FEE | IN PERSON

	2 DAYS	1 DAY
Orthopedists and specialists:	50€	30€
Residents:	35€	25€
Nurses:	25€	15€
Physiotherapists:	30€	20€
Other technicians and students:	25€	15€

## MEETING FEE | ONLINE

	2 DAYS	1 DAY
Orthopedists and specialists:	40€	25€
Residents:	25€	20€
Nurses:	15€	10€
Physiotherapists:	20€	25€
Other technicians and students:	15€	10€

## REGISTRATION HERE



## DAY 23

**08h30** Registration

### **09h00** Welcome & opening

Jorge Mineiro (Portugal)

## Spinal balance controversies

Moderators: João Cannas | Bruno Santiago

### **09h10** Old and new concepts of lumbar spino-pelvic parameters

Jean Charles Le Huec (France)

### **09h30** How can age interfere with my surgical plan for correcting an unbalance spine

Sebastien Charosky (France)

### **09h50** How should we look into the cervico-thoracic balance

Luis Barroso (Portugal)

### **10h10** Case discussion

Nuno Lança (Portugal)

**10h45** Coffee break

### **11h15** Predictable failures in the spinal balance correction

Jean Charles Le Huec (France)

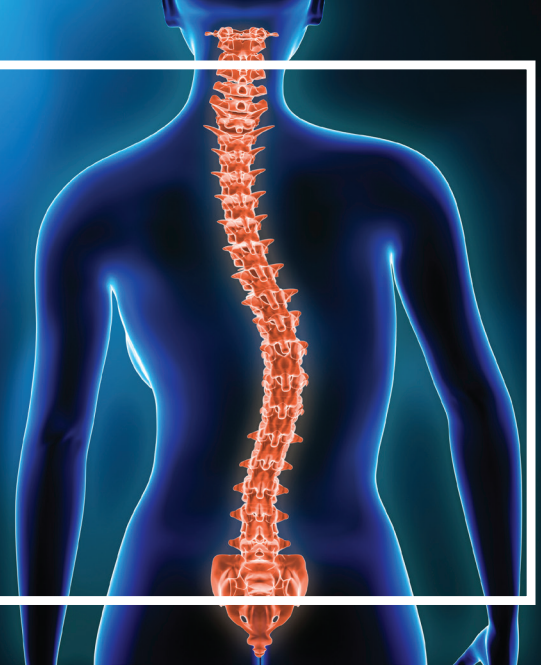
### **11h35** Correcting spinal balance malignment should we go front or back?

João Cannas (Portugal)

### **11h55** What are the indications for fusing the upper thoracic spine to the pelvis

Sebastien Charosky (France)

# No Consensus Lisboa Spine Meeting



**12h15** **Case discussion**  
André Barros (Portugal)

**12h55** **Sum up**  
Jorge Mineiro (Portugal)

**13h00** Lunch break

## **Osteoporotic spinal deformity**

Moderators: Luís Barroso | Nuno Neves

**14h30** **What has changed in the burden of osteoporotic vertebral fractures over last decade**  
Bruno Santiago (Portugal)

**14h50** **Can we prevent deformity in osteoporotic vertebral fractures? What are the risk factors?**  
Sebastien Charosky (France)

**15h10** **How to use classifications of osteoporotic vertebral fractures**  
Nuno Neves (Portugal)

**15h30** **What are the extents of an acceptable osteoporotic deformity?**  
Jean Charles Le Huec (France)

**15h50** **After more than a decade of enlarged armamentarium (PV, BK, VBStenting), when to use them and what is the scientific evidence**  
Ricardo Rodrigues-Pinto (Portugal)

**16h10** **Case discussion**  
Nuno Lança (Portugal)

**16h40** Coffee break

**17h00** **When to add instrumentation to our procedure in osteoporotic vertebral fracture**  
Marcos Silva (Portugal)

**17h20** **How to manage osteoporotic sacral fractures**  
Edson Santos Oliveira (Portugal)

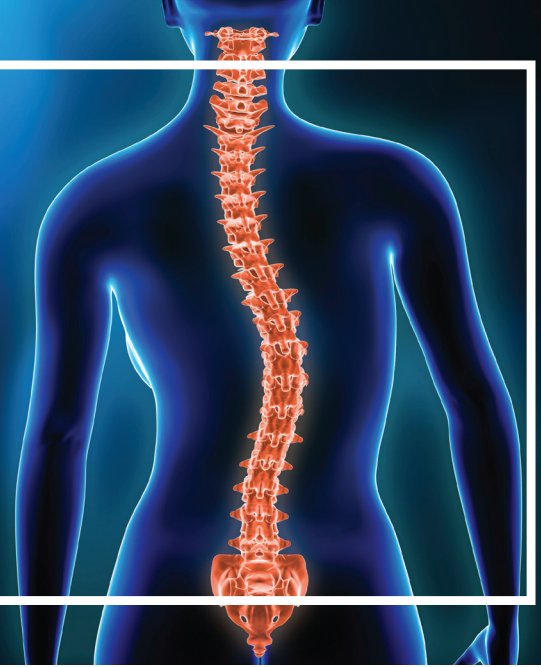
**17h40** **Tips and tricks to reduce post-op failure**  
Pedro Varanda (Portugal)

**18h00** **Case discussion**  
André Barros (Portugal)

**18h45** **Sum up**  
Jorge Mineiro (Portugal)

**19h00** End of 1<sup>st</sup> day

# No Consensus Lisboa Spine Meeting



## DAY 24

08h00 Registration

08h30 **Welcome & opening**  
Jorge Mineiro (Portugal)

**Tension and distraction based techniques of growth modulation for the treatment of adolescent idiopathic scoliosis**

Moderators: René Castelein | Pedro Fernandes

08h40 **Spinal Growth in adolescence**  
Pedro Fernandes (Portugal)

08h55 **Principles of vertebral tethering**  
René Castelein (Netherlands)

09h15 **Dynamic distraction system (Apifix)**  
Nuno Alegrete (Portugal)

09h35 **Spring distraction system**  
René Castelein (Netherlands)

09h55 **Dynamic or Spring distraction, which shall i use?**  
Discussion and case presentation  
René Castelein (Netherlands) | Nuno Alegrete (Portugal)

11h00 Coffee break

11h35 **Anterior vertebral body tethering**  
Ahmet Alanay (Türkiye)

11h55 **Posterior vertebral pedicular tethering**  
Jorge Mineiro (Portugal)

12h15 **Anterior and posterior vertebral tethering**  
Mohammad Diab (EUA)

12h30 Lunch break

13h35 **Complications of vertebral tethering**  
Ahmet Alanay (Türkiye)

13h55 **What are the pros and cons of vertebral tethering?**  
Jorge Mineiro (Portugal)

14h15 **Shall we go front or back?**  
Discussion and case presentation  
João Campagnolo (Portugal)

15h20 **Sum up**  
Jorge Mineiro (Portugal)

15h30 Closure